ERRA MENS'6 STAGE & WOMENS' 4 STAGE RELAY STATS AT SUTTON PARK

Compiled and updated by the ERRA statistician Martin Duff from his complete collection of Athletics Weekly and attendances at the event since its first running at Sutton Park.

Updated October 7th 2026

The men's six-stage championships rotated around the regions before finding its permanent home at Sutton Park in 1995. Since 2001, the lap distance has been fixed at 5,847 metres and Newham & Essex Beagles' winning 2009 time of 1:43:14 is the current best.
A closure of part of the road from the Jamboree Stone to Streetley Gate has meant that a shorter lp of 5.47-metres has had o be used. A longer initial loop before the big hill has kept the distance as close as possible to the historic 5.847-metres but history has had to be re-started with this change.
Chris Davies must be considered the men's course specialist with not only the current fastest at 16:25 but with two more times in the top seven.
The women's race too moved around before settling at Sutton Park somewhat earlier, in 1990, initially over three stages before switching to four in 1994. Originally it used a 4.35km loop before the 4,315 metres lap was adopted in 1999. The winning Aldershot, Farnham & District time of 56:42 in 2013 is the course best and the club has the top six and nine of the top dozen times.
In 2025 a decision was made for the women to run the same length 5.47-metre lap as the men. Whilst Steph Twell's 2007 time of 13:41 is the official best over the now discontinued loop, Paula Radcliffe's 13:26 over the slightly longer 4.35km lap in 1993 had to be considered the record, but the 2025 changes mean than omparisons begin anew
Two alternative venues were used in recent years: due to the presence of the virus E'Coli in Sutton Park, the 2012 championship was held at Clumber Park but used shorter than normal stages.
Due to the Covid-19 world-wide pandemic, the 2020 event was cancelled but has now returned to what is now its spiritual home.

Men winners at Sutton Park

Year	Winning Club	Time	Second	Time	Third	Time
	6x6km					
1995	Bingley	1:45:20	Salford	1:46:05	Tipton	1:46:32
	6x3.7M					
1996	Bingley	1:40:39	Salford	1:42:08	Birchfield	1:42:21
1997	Birchfield	1:40:36	London Irish	1:41:47	Bingley	1:41:50
1998	Birchfield	1:44:16	Salford	1:44:45	Tipton	1:44:56
1999	Cardiff	1:42:46	Tipton	1:43;26	Birchfield	1:43:33
2000	Morpeth	1:44:14	Tipton	1:44:21	Birchfield	1:46:35
	6x5847 metres					
2001	Belgrave	1:45:28	Windsor, SE&H	1:45:32	Cardiff	1:46:31
2002	Belgrave	1:44:24	Morpeth	1:46:24	Birchfield	1:46:52
2003	Belgrave	1:45:22	Salford	1:46:21	Bedford & County	1:47:21
2004	Belgrave	1:44:35	Aldershot F&D	1:45:55	Birchfield	1:46:49
2005	Belgrave	1:46:30	Morpeth	1:47:48	Notts	1:47:54
2006	Newham EB	1:44:46	Tipton	1:46:24	Bristol & West	1:47:01

2007	Belgrave	1:44:30	Leeds City	1:45:20	Newham EB	1:45:55
2008	Belgrave	1:45:18	Notts	1:45;50	Newham EB	1:45:51
2009	Newham & EB	1:43:14	Belgrave	1:44:54	Aldershot F&D	1:45:05
2010	Bedford & County	1:45:42	Shettleston H	1:46:16	Tipton H	1:46:19
2011	Aldershot F&D	1:44:51	Birchfield	1:45:22	Newham EB	1:45:30
2012	Held at Clumber Park (5km approx)					
	Newham EB	1:30:36	Liverpool	1:31:07	Belgrave	1:31:16
2013	Sale H Manchester	1:45:56	Belgrave	1:46:24	Tipton	1:46;58
2014	Aldershot F&D	1:46:48	Highgate H	1:47:25	Sale H Manch	1:47:54
2015	Tonbridge	1:47:24	Derby	1:47:29	Central	1:47:38
2016	Cardiff	1:45:52	Swansea	1:45:55	Liverpool	1:46:20
2017	Swansea	1:45:16	Tonbridge	1:46:30	Lincoln W'ton	1:46:34
2018	Stockport	1:45:07	Leeds	1:45:32	Aldershot F&D	1:45:40
2019	Leeds	1:44:46	Aldershot	1:45:19	Cambridge & Cole	1:45:47
2021	**Aldershot F&D**	**1:42:44**	Leeds	1:43:47	Shaftesbury	1:44:06
2022	Aldershot F&D	1:43:37	Leeds	1:43:42	Cambridge & C	1:44:04
2023	Leeds	1:44:36	Aldershot	1:44:46	Cambridge & C	1:44:52
2024	Leeds	1:43:36	Shaftesbury	1:44:19	Cambridge & C	1:44:51
2025	6x5.47km					
	Cambridge & Col	96:42	Tonbridge	97:40	Highgate	97:42
2026	**Cambridge & Col**	**95:21**	Tonbridge	96:06	Western Tempo	96:08

Note: records in bold

Fastest Laps

Year	Fastest	Time	Second best	Time	Third best	Time
	6km					
1995	Keith Cullen	16:34	Paul Taylor	16:55	Steve Brooks	17:04
	3.7M					
1996	Richard Nerurkar	16:15	Paul Taylor	16:19	Andrew Pearson	16:21
1997	Richard Nerurkar	16:19	Corman Finnerty	16:25	Rod Finch/Tony O'Brien	16:34
1998	Rob Whalley	16:57	Carl Warren	17:03	Glen Stewart	17:05
1999	Christian Stephenson	16:28	Keith Cullen	16:32	Dave Heath	16:33
2000	Mark Hudspith	16:42	Ian Hudspith	16:47	Rob Whalley	16:49
	5847 metres					
2001	Sam Haughian	16:54	Mo Farah	16:58	Chris Thompson/ Mark Hudspith	17:02
2002	Chris Thompson	16:53	Ian Hudpith	17:03	Mark Miles/ Fiachra Lombard	17:08
2003	**Chris Davies**	**16:25**	Rob Whalley	17:00	Greg Van Hest	17:01
2004	Chris Thompson	16:39	Nick McCormick	16:41	Keith Cullen	17:01
2005	NickMcCormick	16:41	Wilfred Taragon	17:01	Chris Davies	17:06
2006	Mo Farah	17:02	Frank Tickner	17:03	Mark Warmby	17:15
2007	Chris Davies	16:42	Frank Tickner	16:59	Moumin Geele	17:03
2008	Andy Vernon	16:49	Scott Overall	16:54	Keith Gerrard	17:05
2009	Mo Farah	16:33	Chris Davies	16:42	Scott Overall/ Moumin Geele	17:03

2010	Ryan McLeod	17:03	Mark Draper	17:04	Tom Humphries	17:04
2011	James Wilkinson	16:38	Andy Vernon	16:58	Jonny Mellor	16:59
2012	Held at Clumber Park(5km approx)					
	Jonny Mellor	14:23	John Beattie	14:41	Birhan Andi/John McDonnell	14:46
2013	Ryan McLeod	16:55	Jonny Davies	17:06	Dewi Griffiths	17:11
2014	Andrew Butchart	17:09	Andrew Heyes	17:12	Antonio Sanchez	17:12
2015	Andy Maud	17:03	Jonny Davies	17:14	Tom Lancashire	17:17
2016	Andrew Butchart	16:29	Dewi Griffiths	16:49	Ben Connor	17:05
2017	Dewi Griffiths	16:40	Phil Sesemann	17:14	Graham Rush	17:16
2018	Ross Millington	16:54	Jonny Mellor	17:08	Richard Allen/Phil Sesemann	17:10
2019	Marc Scott	16:46	Omar Ahmed	16:58	Emile Cairess/Phil Sesemann	17:02
2021	Jack Rowe	16:33	Emile Cairess	16:46	Omar Ahme /Hugo Miller	16:47
2022	Jack Rowe	16:39	Will Barnicoat	16:50	Phil Sesemann	16:53
2023	Omah Ahmed	16:34	Will Barnicoat	16:36	Rory Leonard	16:38
2024	Emile Cairess	16:38	Zak Mahamed	16:43	Will Battershill	16:50
2025	**5.47km**					
	Jacob Cann	15:30	James Kingston	15;34	Jonathan Escalante-Phillips	15:45
2026	**Will Barnicoat**	**15:10**	James Kingston	15:19	Harry Wakefield	15:24

All time men (Sutton Park)

Teams (1996 to 2000)

Birchfield Harriers	1:40.36	(1997)
Bingley Harriers	1:40.39	(1996)
London Irish	1:41.47	(1997)

Teams (2001-2024)

Aldershot Farnham & D	1:42:44	(2021)
Newham & Essex Beagles	1:43:14	(2009)
Leeds	1:43:36	(2024)
Aldershot Farnham & D	1:43:37	(2022)
Leeds	1:43:42	(2022)
Leeds	1:43:47	(2021)
Cambridge & Coleridge	1;44:04	(2022)
Shaftesbury	1:44:06	(2021)
Shaftesbury	1;44:19	(2024)
Belgrave Harriers	1:44:24	(2002)
Belgrave Harriers	1:44:30	(2007)
Belgrave Harriers	1:44:35	(2004)
Birchfield	1:44;36	(2021)
Leeds	1:44:36	(2023)
Leeds	1:44:46	(2019)
Aldershot Farnham & Dist	1:44:46	(2023)
Cambridge & Coleridge	1:44:51	(2024)
Aldershot, Farnham & Dist	1:44:51	(2011)

Cambridge & Coleridge	1:44:52	(2023)
Belgrave Harriers	1:44:54	(2009)
Tonbridge	1:44:58	(2021)
Aldershot, Farnham & Dist	1:45:05	(2009)
Stockport	1:45:07	(2018)
Bedford & County	1:45:13	(2009)
Swansea	1:45:16	(2017)
Shaftesbury B	1:45:16	(2022)

Teams 2025=26

Cambridge & Coleridge	**95:21**	**2026**
Tonbridge	96:06	2026
Western Tempo	96:08	2026
Cambridge & Coleridge	96:42	2025
Salford	97:00	2026
Morpeth	97:28	2026
Tonbridge	97:40	2025
Highgate	97:42	2025
Bristol & West	98:01	2025
Brighton & Hove	98:04	2026
Leeds	98:06	2026
Western Tempo	98:10	2025

Individuals (1996-2000)

Richard Nerurker	Bingley Harriers	16:15	(1996)
Paul Taylor	Bolton AC	16:19	(1996)
Richard Nerurker	Bingley Harriers	16:19	(1997)

Individuals (2001-to 2024)

Chris Davies	16:25	2003
Andrew Butchart	16:29	2016
Mo Farah	16:33	2009
Jack Rowe	16:33	2021
Omar Ahmed	16:34	2023
Will Barnicoat	16:36	2023
Emile Cairess	16:38	2024
James Wilkinson	16:38	2011
Rory Leonard	16:38	2023
Jack Rowe	16:39	2022
Chris Thompson	16:39	2004
Dewi Griffiths	16:40	2017
Nick McCormick	16:41	2004
Nick McCormick	16:41	2005
Chris Davies	16:42	2007
Chris Davies	16:42	2009
Zak Mahamed	16:43	2024
Emile Cairess	16:46	2021
Marc Scott	16:46	2019
Omar Ahmed	16:47	2021
Hugo Milner	16:47	2021
Dewi Griffiths	16:49	2016
Andy Vernon	16:49	2008

Will Battershill	16:50	2024
Will Barnicoat	16:50	2022

Individuals 2025=26

Will Barnicoat	15:10	2026
James Kingston	15:19	2026
Harry Wakefield	15:24	2026
Jacob Cann	15:26	2026
Jacob Cann	15:30	2025
Matthew Ramsden	15:30	2026
Michael Clark	15:32	2026
Joe Tuffin	15:33	2026
James Kingston	15:34	2025
Tomer Tarragano	15:34	2026
Thomas Keen	15:36	2026
Alex Melloy	15:41	2026

Women at Sutton Park

Year	Winning Club	Time	Second	Time	Third	Time
	3x4.35km					
1990	Westbury	43:27	Birchfield	43:37	Parkside	44:07
1991	Leicester Coritanian	43:18	Parkside	43:24	Birchfield	43:26
1992	Parkside	42:56	Tipton	43:45	Birchfield	44:31
1993	Tipton	43:18	Bedford & County	43:34	Parkside	43:53
1994	Parkside	58:37	Birchfield	58:56	Leeds City	59:31
1995	Shaftesbury Barnet	58:47	Leeds	59:05	Parkside	59:38
1996	Birchfield	59:31	Leeds City	59:47	Westbury	61:34
1997	Bedford & County	58:22	Shaftesbury Barnet	59:01	Charnwood	59:22
1998	Sale	59:19	Shaftesbury Barnet	59:51	Charnwood	60:00
	4x4315 metres					
1999	Shaftesbury Barnet	59:07	Sale	59:41	Charnwood	59:46
2000	Sale	58:34	Charnwood	58:56	Shaftesbury Barn	59:16
2001	Charnwood	58:44	Bedford & County	59:26	Bristol	60:14
2002	Windsor S&&H	59:40	Tipton	60:06	Bristol	60:53
2003	Chester-le-Street	59:09	Charnwood	59:25	Sale	59:58
2004	Bristol & West	57:46	Windsor, SE&H	59:20	Wakefield	59:59
2005	Bristol & West	59:16	Shaftesbury Barnet	59:25	Bedford & Co	59:29
2006	Birchfield	59:33	Aldershot F&D	59:39	Charnwood	60:17
2007	Aldershot F&D	57:15	Charnwood	57:56	Havering M	58:47
2008	Aldershot F&D	57:24	Charnwood	59:09	Chester-le-Street	59:16
2009	Aldershot F&D	57:09	Chester-le-Street	58:17	City of Norwich	58:53
2010	Aldershot F&D	58:14	Charnwood	58:50	Bristol & West	60:05
2011	Aldershot F&D	57:17	Charnwood	58:20	Bristol & West	58:50
2012	Held at Clumber Park (3.5km approx)					
	Aldershot F&D	46:39	Birchfield	46:39	Shaftesbury	48:26
2013	**Aldershot F&D**	56:42	Birchfield	58:36	Charnwood	58:49
2014	Aldershot F&D	57:13	Birchfield	59:26	Bristol & West AFD B (no medal)	60:22 60:14

2015	Swansea	59:14	Bristol & West	59:51	Vale Royal	60:03
2016	Aldershot F&D	58:48	Birchfield	59:10	Cardiff	60:03
2017	Aldershot F&D	58:26	Leeds	59:08	Swansea	59:26
2018	Aldershot F&D	57:56	Leeds	59:29	Tonbridge	59:56
2019	Cardiff	57:26	Tonbridge	59:24	Aldershot F&D	59:41
2021	Aldershot F&D	59:03	Aldershot F&D B	60:14	Lincoln Wellington	60:29
2022	Tonbridge	58:26	Salford	58:37	Aldershot F&D	59:09
2023	Aldershot Aldershot B ran	58:07 58:19	Leeds	58:19	Belgrave	58:22
2024	Herne Hill	58:12	Vale Royal	58:36	Thames Valley	58:42
	4x5.47km					
2025	Vale Royal	74:48	Bristol & West	75:47	Aldershot F&D	75:48
2026	**Vale Royal**	**73:09**	Leeds	74:01	Bristol & West	74:54

Fastest

Year	Fastest	Time	Second best	Time	Third Best	Time
	4.35km					
1990	Lesley Morton	14:02	Sally Ellis	14:08	Jo Deering	14:15
1991	Lesley Morton	14:18	Lisa Hollick	14:20	Alison Wyeth	14:22
1992	Paula Radcliffe	13:47	Elaine Foster	14:11	Andrea Whitcombe	14:14
1993	**Paula Radcliffe**	**13:26**	Jenny Clague	13:58	Bev Hartigan	14:03
1994	Angie Hulley	14:05	Shireen Barbour	14:13	Elaine Foster	14:20
1995	Lucy Elliott	13:55	Paula Radcliffe	13:55	Heather Heaseman	14:21
1996	Zara Hyde	14:20	Bev Hartigan	14:21	Andrea Whitcombe	14:27
1997	Paula Radcliffe	13:55	Andrea Whitcombe	14:10	Sarah Young	14:13
1998	Heather Heasman	14:14	Tara Krzywicki	14:17	Amanda Parkinson	14:22
	4315 metres					
1999	Lucy Wright	14:08	Hayley Yelling	14:13	Liz Yelling/Sarah Young	14:17
2000	Amanda Parkinson	14:07	Hayley Yelling	14:18	Tara Krzywicki/Sara Wilkinson	14:28
2001	Helen Pattinson	13:59	Tara Krzywicki	14:03	Angela Allen	14:04
2002	Hayley Yelling	14:15	Lisa Heyes	14:22	Katie Reed	14:31
2003	Kate Reed	14:07	Hayley Yelling	14:07	Helen Lawrence	14:08
2004	Kate Reed	13:59	Hayley Yelling	14:03	Julia Bleasdale	14:14
2005	Kate Reed	13:56	Helen Clitheroe	14:07	Liz Yelling	14:09
2006	Helen Clitheroe	14:11	Jenny Blizzard	14:12	Cathy Mutwa	14:13
2007	Steph Twell	13:41	Sharon Morris	13:57	Hayley Yelling/Vicky Gill	14:05
2008	Freya Murray	13:50	Charlotte Purdue	13:54	Caroline Hoyte	14:09
2009	Charlotte Purdue	13:53	Freya Murray	13:54	Steph Twell	14:00
2010	Charlotte Purdue	13:55	Gemma Steel	14:08	Emma Pallant	14:20
2011	Gemma Steel	13:45	Charlotte Purdue	13:48	Jessica Coulson	13:51
2012	Held at Clumber Park 3.5km					
	Emelia Gorecka	11:05	Hannah Walker	11:14	Beth Potter	11:20

2013	Gemma Steel	13:49	Emelia Gorecka	14:04	Steph Twell	14:06
2014	Steph Twell	14:04	Lily Partridge	14:09	Emelia Gorecka	14:09
2015	Ellie Vernon	14:11	Ellie Kirk	14:13	Kate Hulls	14:21
2016	Kate Hulls	13:58	Jess Judd	14:11	Charlotte Arter	14:16
2017	Jess Judd	13:55	Charlotte Arter	14:10	Verity Ockenden	14:12
2018	Emily Hosker-Thornhill	13:58	Jess Judd	14:07	Lauren Howarth	14:12
2019	Charlotte Arter	14:00	Abbie Donnelly	14:01	Jenny Nesbitt	14:10
2021	Nicole Taylor	13;56	Hannah Irwin	14:03	Abbie Donnelly	14:04
2022	**Amelia Quirk**	**13:35**	Abbie Donnelly	14:00	Jess Judd	14:02
2023	Lily Partridge	13:55	Georgie Grgec	13:59	Kate Axford	14:04
2024	Georgie Grgec	13:39	Katie Ward	14;11	Megan Gadsby	14:11
	5.47km					
2025	**Abbie Donnelly**	**17:42**	Sarah Dufour-Jackson	18;00	Lydia Turner	18:02
2026	**Katie Ward**	**17:42**	Faye O'Hare	17:50	Megan Gadsby/ Charlotte Taylor	17:56

All Time Women (at Sutton Park)

Teams since 1998 (4x3.415km)

Aldershot, Farnham & Dist	56:42	(2013)
Aldershot, Farnham & Dist	57:09	(2009)
Aldershot, Farnham & Dist	57:13	(2014)
Aldershot, Farnham & Dist	57:15	(2007)
Aldershot, Farnham & Dist	57:17	(2011)
Aldershot, Farnham & Dist	57:24	(2008)
Cardiff	57:26	(2019)
Bristol & West AC	57:46	(2004)
Charnwood AC	57:56	(2007)
Aldershot Farnham & Dist	57:56	(2018)
Aldershot Farnham & Dist	58:07	(2023)
Herne Hill	58:12	)2024)
Aldershot, Farnham & Dist	58:14	(2010)
Chester-le-Street	58:16	(2009)
Aldershot F&D B team	58:18	(2023)
Leeds	58:19	(2023)
Charnwood	58:20	(2011)
Belgrave	58:22	(2023)
Aldershot Farnham & Dist	58:26	(2017)
Tonbridge	58:26	(2022)
Sale Harriers	58:34	(2000)
Birchfield	58:36	(2013)
Vale Royal	58:36	(2024)
Salford	58:37	(2022)
Thames Valley	58:42	(2024)
Aldershot F&D	58:44	)2024)
Charnwood AC	58:44	(2001)
Havering Mayesbrook	58:47	(2007)
Aldershot Farnham & Dist	58:48	(2016)
Charnwood	58:49	(2013)

Teams since 2025 (4x5.47km)

Vale Royal	**73:09**	**2026**
Leeds	**74:01**	**2026**
Vale Royal	74:48	2025
Bristol & West	74:54	2026
Belgrave	75:07	2026
Bristol & West	75:07	2025
Aldershot	75:20	2026
Aldershot	75:48	2025
Salford	76:31	2026
Team Bath	76:39	2025
Blackburn	76:47	2026
Herne Hill	77:00	2026
Leeds	77:00	2025

Individuals (4.315km)

Paula Radcliffe	1993	13:26 **
Amelia Quirk	2022	13:35
Gergi Grgec	2024	13:39
Steph Twell	2007	13:41
Gemma Steel	2011	13:45
Paula Radcliffe	1992	13:47 **
Charlotte Purdue	2011	13:48
Gemma Steel	2013	13:49
Freya Murray	2008	13:50
Jessica Coulson	2011	13:51
Charlotte Purdue	2009	13:53
Charlotte Purdue	2008	13:54
Freya Murray	2009	13:54
Lucy Elliott	1995	13:55 **
Jess Judd	2017	13:55
Paula Radcliffe	1995	13:55 **
Paula Radcliffe	1997	13:55 **
Charlotte Purdue	2010	13:55

** (on slightly longer course)

Individuals (5.47km)

Abbie Donnelly	**2025**	**17:42**
Katie Ward	**2026**	**17:42**
Faye O'Hare	2026	17:50
Megan Gadsby	2026	17:56
Charlotte Tayor	2026	17:56
Sarah Dufour-Jackson	2025	18:00
Kirsty Maher	206	18:02
Lydia Turner	2025	18:02
Holly Weedall	2026	18:03