



Amateur Athletic Association of England
ENGLISH ROAD RUNNING ASSOCIATION
in conjunction with ENGLAND ATHLETICS
Licence number 2024-46625

February 2024

Dear Secretary/Team Manager.

Enclosed is information for the **English Road Running Association Under 15 & Under 17 5 Km Road Championships** to be held at Sutton Park, Sutton Coldfield, Birmingham B73 6BU on Saturday, 6th April 2024 – **START TIME 11.00 Entry fee is £10 per athlete**

Entries will only be accepted via the online entry system at <http://www.race-results.co.uk>.

Medals will be awarded to the first 3 individuals and first 3 club teams, 3 per team, both male and female.

Under 15 Minimum Age 13 years and over at midnight 31st August / 1st September 2023

Under 17 Minimum Age 15 years and over at midnight 31st August / 1st September 2023

Athletes must be first claim members and registered with England Athletics for the competitive year. 2023 /2024. **Failure to do so will result in the athlete being disqualified.**

This event is only open to first claim athletes registered with English clubs.

The 5 km course has been measured and certified.

Athletes are not allowed to compete for 2 different clubs in both the Area, and equivalent National Road Relay championship events, in the same year.

We look forward to receiving your entry and hope you have an enjoyable day.

Timetable

Under 17 men commence at 11.00 Under 17 women commence at 11.05
Under 15 boys commence at 11.15 Under 15 girls commence at 11.20

If you have any enquiries please contact me via the email below. Or visit our website for further information www.englishroadrunningassociation.co.uk.

To enter please go to
www.race-results.co.uk/results/2024
and click on the relevant “Enter now” button.

Please note the closing date for entries is Friday 29th March 2024. Under no circumstances will late entries be accepted.

Yours Sincerely

Ken Smith

Championship Secretary
English Road Running Association



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PERTINENT RULES OF THIS COMPETITION

RULE 5 –FIRST CLAIM STATUS –ALL RULES APPLY

RULE 143 CLOTHING: All team runners **MUST** wear the same design of registered Club vest and colours, unless the Referee has given permission for a change to be made.

.Any advertising or sponsorship on clothing must comply with UK Athletics Rules.

Online entry via www.race-results.co.uk

Register

To enter events online by the SportSoft online entry system at <http://www.race-results.co.uk> you will first need to register as a system user. It is only necessary to register once all of your information will be remembered, and you will only have to log-in in the future.

To register, go to the 2023 race diary at www.race-results.co.uk/results/2023 and click on the green **Enter Now** button against the event you wish to enter. You will be taken to the login screen. If you have used the system before, enter your username and password and click **Login**, otherwise click on **Register new user**. This will take you to the registration screen:

Fill in all of the boxes and click **Register**. If you are unsure of any item, place your mouse over the blue **[?]** and you will be given help. Do not use punctuation marks, e.g. commas on this screen. If you have completed everything correctly your data will be confirmed on the next screen, otherwise you will get a message telling you where there is a problem. A confirmation email will be sent to you at the address you specified on this screen. Click on the link inside this email, and you will be taken back to the login screen, where you can now enter your username and password and log in. Once registered you will be able to enter any event on the SportSoft site just by entering your username & password, and any event specific data required

Enter Athletes

On this page, first enter your club colours (your club will have been filled automatically from your registration data), then enter the athletes names and dates of birth and registration number. Click Enter Athlete to enter the athlete, and his details will appear in the list at the bottom of the screen. Athletes currently registered as paid up on the EA database appear on the left of the screen click on the green ticks to select these without re-entering all details.

Repeat for all the athletes in your team. If you make a mistake or wish to delete a name, click on the small red cross against the name. When all of your athletes are listed, click on **Finish & Pay**

Finish & Pay

This will take you a summary screen which details the cost for this entry. At this point you can Enter another event if you wish, e.g. if you need to enter the Women's event, or continue to pay – complete your card details as requested.